Cochrane Colloquium 2023

Evidence Gap Maps - Workshop

Practical Exercise: Describe what type of review best suits the topic and the objective

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| Topic/question | Objective | Proposed method |
| What is good mental health? | To define and operationalise what good mental health is |  |
| Long-Term Treatment of Bipolar Disorder with Valproate | Evaluate the evidence regarding the effectiveness of long-term treatment of bipolar disorder with valproate |  |
| Explanatory models of depression in sub-Saharan Africa | To explore how depression was debated, deployed, described and managed in this anticipated context of contested meanings |  |
| Diagnosis and management of perinatal depression and anxiety in general practice | This review aimed at synthesising the available information from qualitative studies on GPs’ attitudes, recognition, and management of perinatal anxiety and depression. |  |
| Prevention and Treatment Interventions for Depression in Young People | The extent, range, and nature of high-quality clinical research interventions for depression in young people is summarised. This process of taking stock of the evidence is an essential first step in obtaining an overview of the breadth of research activities before further exploring the effectiveness of interventions |  |
| Artificially Sweetened Beverages and Health Outcomes: | To undertake a review of meta-analyses to grade the credibility of the evidence of claimed observational associations between ASBs and health outcomes |  |
| Exercise as a treatment for depression | To explore the efficacy of physical exercise as [treatment](https://www.sciencedirect.com/topics/medicine-and-dentistry/therapeutic-procedure) for [unipolar depression](https://www.sciencedirect.com/topics/medicine-and-dentistry/major-depressive-episode), both as an independent intervention and as an adjunct intervention to [antidepressant medication](https://www.sciencedirect.com/topics/medicine-and-dentistry/antidepressant-medication) |  |
| Non-pharmacological treatment of depression | The goal of this study is to summarise the best available evidence about the comparative effectiveness of the various non-pharmacological interventions available for the treatment of depression. We aim to appraise the evidence to facilitate shared decision-making and highlights knowledge gaps in the field and aid in developing future research agenda. |  |